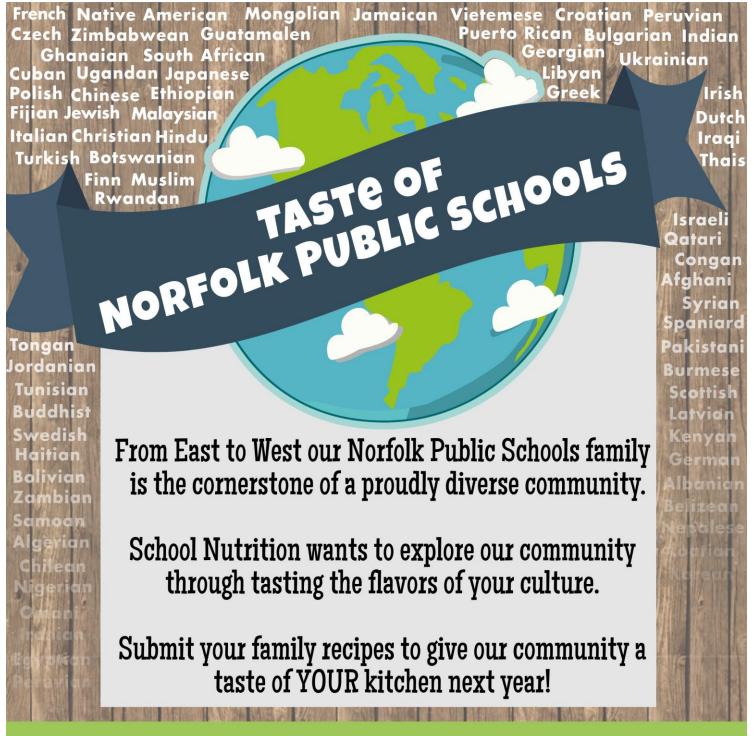
## **Taste of Norfolk Public Schools Recipe Card**

Parent/Guardian(s) Name:	Contact Information(in case we have recipe questions):
Student Name:	School Name:
Recipe Name & Cultural Region:	How many will this serve?
What does this recipe mean to your family?	
Ingredients (include amount):	
Preparation Instructions:	
Cooking Instructions:	
Additional Information:	
Submit your recipe by March 29 to your school's School Nutrition Manager, online at npsk12.com/nutrition, or by email to SchoolNutrition@npsk12.com. Attach additional sheets to this recipe card as needed. Submit your pictures by attaching to this sheet or emailing to SchoolNutrition@npsk12.com. Multiple submissions are encouraged!	



Submit your recipe to either your school's School Nutrition Manager, online at www.npsk12.com/nutrition, or by email to SchoolNutrition@nps.k12.va.us by March 29.

One recipe card is included on the back of this flyer. Recipe cards are also available online.

Multiple submissions are encouraged!

Send pictures of your family preparing & enjoying your dish to SchoolNutrition@nps.k12.va.us.

Recipes will be adapted to meet Federal School Nutrition standards.

